

[OATMEAL MUFFINS HEALTHY RECIPE](#)



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Easy Oatmeal Muffins Recipe Allrecipes com

I make a lot of muffins and I am always looking for new recipes. I used the old-fashioned oats and added some raisins to the batter. These had a moist texture. Lots of "ad I used the old-fashioned oats and added some raisins to the batter.

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Healthy Baked Oatmeal Muffins MOMables

You know oatmeal is filling and nutritious, right? But who has time to sit down and enjoy a bowl each morning? With this healthy recipe for baked oatmeal muffins, your kids will be set with a filling breakfast in the morning.

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8 Healthy Oatmeal Muffin Recipes to Fuel You Daily Burn

Photo and recipe: Terri Truscello Miller / Love and Confections. 6. Blueberry Peach Quinoa Oatmeal Muffins Your classic blueberry muffin just got a healthy makeover. Made with quinoa flour, which has more of a bitter taste than all-purpose flour, this gluten-free muffin has a bit more protein and fewer carbs than your average treat. Dense, moist and loaded with peaches and blueberries, these muffins have just enough sweetness to wake up your morning.

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Healthy Oatmeal Muffins Recipe The Sum of Yum

These healthy oatmeal muffins are great for breakfast or a snack. This oatmeal muffin recipe is made with oats, whole wheat flour and applesauce. Just because they are healthy does not mean that they are dry or do not taste good. These oatmeal muffins are healthy and wholesome, but they are also so moist and delicious. Most importantly, my daughter thinks they are awesome ! That's a winner in my book.

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The Best Healthy Oatmeal Cinnamon Muffins Recipes on Yummly | Healthy Cinnamon Apple Oatmeal Muffins, Healthy Apple Cinnamon Oatmeal Muffins, Healthy Maple Oatmeal Muffins

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A delicious and healthy recipe for Healthy Applesauce Muffins with oatmeal, cinnamon, and honey. Easy to make with no sugar and no butter! The perfect healthy muffins for kids and grown-ups too.

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Healthy Customizable Oatmeal Muffins Kim's Cravings

So a healthy breakfast it is, to kick off an awesome school year. Positive thinking, people! Like most, my kiddos are all about making their own choices when it comes to anything from clothes to food, which make these Healthy Customizable Oatmeal Muffins the perfect recipe.

<http://ebookslibrary.club/Healthy-Customizable-Oatmeal-Muffins-Kim's-Cravings.pdf>

Healthy Pumpkin Chocolate Chip Oatmeal Muffins Amy's

These healthy pumpkin chocolate chip oatmeal muffins only require 1 teaspoon of butter or oil, unlike traditional recipes that use 1/2 cup or more And that definitely helps keep them low calorie! They get the rest of their

moisture from the pumpkin and Greek yogurt, which you mixed into your oats already.

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